



Immaculate Conception LIFETEEN

LIFETEEN (High School Youth Group)

- All students in grades 9-12 are invited to join Immaculate Conception's LIFETEEN program.
- We seek to lead High School Youth closer to Christ regardless of race/ethnicity, parish affiliation, school attended, religious belief, or physical/mental limitation.
- **LIFETEEN holds meetings (called Life Nights) every Sunday in the Brown House following the 5:30pm Mass until 8:30pm.**

Life Nights:

- Life Nights are our weekly youth group meetings, they are open to ANYONE in high school! They are creative nights that bring our Catholic faith to life, breaking open relevant issues for teens.
- Life Nights are typically comprised of prayer, teaching, small groups, games, activities and food.
- Each Life Night we focus on teaching teens more about their Catholic faith while forming an accepting loving community. Through youth focused liturgies, Life Nights, service opportunities, & social activities, teens grow to love the Sacraments, the Scriptures, & to know Christ personally.

The Praise Mass:

- The 5:30pm Mass on Sundays is the Praise Mass.
- This mass is meant to encourage all generations to get involved in the Liturgy in new ways, side by side. We want the youth, in particular, to feel at home at this Mass. We want the teens to feel comfortable trying different liturgical ministries in an encouraging environment. This contemporary liturgy will also include practical applications of the readings specific to the youth. The goal of the Praise Mass is to make the Mass relevant to all generations in a new way and to keep the youth programs of the parish focused on the Source and Summit of our Catholic faith—the Eucharist!

Core Team:

- We are looking for adults who would like to be involved in LIFETEEN at Immaculate Conception Parish. There are many different ways you can get involved. There is no experience required, just open hearts, a love for Christ and His Church and willingness to serve in the ministry.
- All volunteers are required to adhere to the Archdiocesan Youth Protection Guidelines (Virtus) before volunteering. Please let us know if you are interested in more information about Volunteering.

For more information about LIFETEEN, e-mail Lauren McKeegan at lmckeegan@theimmaculate.org.